EASTERN POISON IVY
Toxicodendron radicans

MOST COMMONLY FOUND
Poison Ivy is found in much of Eastern North America. It can tolerate a wide variety of habitats, but is mostly found in woodlands.

DESCRIPTION
Poison Ivy has three leaves with a red dot on the stem where the leaves meet. Leaves on the stems are asymmetrical. You can find poison ivy on the sides of trees or growing on the forest floor. Remember: Leaves of 3, let it be!

RASH ISSUES
When touching poison ivy, you end up developing a rash, which is a result of the immune system response to urushiol, a chemical produced by the plant. Not everyone has an allergic reaction.

PROTECTION
Problems with poison ivy come from the reaction it creates from our body. Touching it can cause itching, swelling, and even trouble breathing. What you want to do is wear protective clothing when hiking, wash the active site, and apply anti-itch cream.

ANIMAL FACTS
Many animals can be immune to the poison ivy affects. They can touch it and even eat it without breaking out! But the oil can be transferred from a pet's fur if you touch it.

OTHER FACTS
* Enough urushiol to cover the head of a pin can cause 500 people to itch.
* Rash blisters are not contagious and don't contain urushiol.